



The School Council's Guide to

KEEPING YOURSELF SAFE



Hello Corpus Christi children!

The school council would like to help to remind you about all the ways that you can keep yourself safe.

Being safe means:

We are happy

We are healthy

We are ready to learn

We know how to spot dangers

We know what to do if we don't feel safe

WHAT MIGHT MAKE YOU FEEL UNSAFE?

- Being hurt by another child or an adult
- Being touched in a way you don't like
- Not being looked after
- Things that people say on the internet or on a mobile phone
- Seeing people you love being hurt
- Hearing unkind things about yourself



DOES OUR SCHOOL DO ABOUT BULLYING?



Bullying is behaviour that happens again and again over time. It might hurt someone's feelings or could cause them an injury. This can also happen on the internet - it is called cyber bullying!

At Corpus Christi we believe that bullying is wrong and unacceptable.

If you feel you have been bullied, you can speak to any trusted adult in our school:

- They will listen to you and try to find out exactly what has happened
- They will keep a record of any bullying that has taken place and will speak to any other children involved and their parents

Your parents can also contact your class teacher if they believe that an act of bullying has happened.

FEELING WORRIED...? WHO CAN HELP YOU?

If you are worried about something, or don't feel safe, **always** tell a trusted adult.

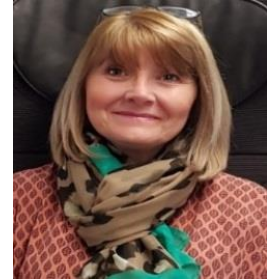
Mrs Comerford, Miss Clark and Mrs Cope all have a very special job in our school - to keep us safe! You can always speak to them if something is worrying you.



Mrs Comerford



Miss Clark



Mrs Cope

You could also use the Corpus Christi Helping Hand to help you find someone to help!

Feeling worried?
Ask someone for a
helping hand...

A teacher or staff
Your parents
Family members
Childline 0800 1111
A friend

**CORPUS CHRISTI'S
HELPING HAND**

The graphic is a green handprint with a yellow lamb and a black cross in the center. The text is written in a cursive font. The handprint is outlined in green. The text is written in a cursive font. The handprint is outlined in green. The text is written in a cursive font.

WHAT WILL HAPPEN IF I SHARE A WORRY?

- The adult will be kind and reassure you
- The adult will listen carefully to your worry
- They will take it seriously
- They may have to share information with other adults to make sure you are safe

THEY CANNOT KEEP ANY SECRETS

WHAT ELSE HAPPENS IN OUR SCHOOL TO HELP KEEP US SAFE?

Lots of things happen all year round to help keep us safe:

PSHE LESSONS: In PSHE we learn all about staying healthy and safe - especially when we are using the internet. We also learn about how to be good friends and look after each other.

VISITORS: Our teachers invite visitors in to teach us about being healthy, such as: the NSPCC, the school nurse and the Fire Service.

SPECIAL LESSONS: Our teachers book lessons such as swimming lessons, Scooterbility and Bikeability to teach us skills to help us be safe.



ASSEMBLIES AND SPECIAL DAYS: As a school we celebrate special events such as Anti-Bullying Week, Safer Internet Day and Children's Mental Health Week to make sure we all know about staying safe.

Our teachers and adults are always looking after us and have special training to notice if something is making us feel sad, scared or worried.

