



## **PSHE Education at Corpus Christi Catholic Primary School**



*This should be read alongside the Relationship and Sex Education (RSE) Policy*

### **INTENT:**

We believe that all children are entitled to live happy, healthy and fulfilling lives as children and adults. They should be able to form and maintain appropriate relationships with others recognising the differences and dangers of those friendships found online. In line with wider teaching of the Gospel values, our children should develop as citizens of a diverse and ever-changing society where they make positive contributions, recognise and challenge injustices and celebrate differences. Pupils should know how to keep both their bodies and minds healthy as they grow, how this has an impact on their future and how to ask for help to do this. Children will be given opportunities to think about their futures and learn about responsibilities in the wider world such as careers and money. Their experiences at Corpus Christi will teach them about how to safeguard themselves and others from danger in the real and virtual world as they learn and grow.

### **IMPLEMENTATION:**

We will achieve this through:

- Three school-wide areas of learning across the year: Being Healthy, Relationship and The Wider World. The PSHE lead plans the overview for these themes and there is an element of building skills for the online world included in each. Each theme is framed by a 'Big Question' and begins with a recap of prior learning. It ends with a response to the 'Big Question' as appropriate to the age and stage of each pupil.
- Weekly PSHE lessons (using PSHE Association and TenTen learning resources) delivered (where possible) by the class teacher;
- Weekly wellbeing sessions to learn about how to take care of mental health and wellbeing (Waves of Wellbeing);
- Years 4-6 will receive additional RSE lessons in line with our long term plan and school policy (using TenTen and PSHE Association Resources to support learning);
- Learning is recorded in PSHE books and makes use of a range of recording methods (including QR codes to link to video and sound recordings);
- Creation of a safe and trusting classroom environment that encourages discussion, support and appropriate challenge between peers;
- Recognising and engaging in local and national events (such as anti-bullying week);
- Use of external agencies to complement learning (such as the NSPCC, Fire Service or Bikeability);
- Assemblies and liturgies linking to key themes;
- Awards that celebrate pupils' achievements and qualities (such as the Good Shepherd Award);
- Links to other areas of learning (such as religious education and history themes).

### **IMPACT:**

- Children will live confidently and display the Gospel and British values in their everyday actions and words;
- They will be able to talk about 'being safe' and articulate both their own and others' roles in ensuring this;

- They will understand how their bodies and minds change and develop as they grow older;
- They will have successful and positive relationships with both adults and their peers;
- Behaviour in the school will be exemplary;
- Children will be able to access learning successfully and make good progress because they are ready to learn;
- Children will be ambitious for their own futures and aware of the possibilities available to them as young adults.