



## PSHE – SPRING TERM I (Personal, Social, Health and Economic Education)

EARLY YEARS – Who is in my family?	YEAR 1/2 – Who is special to me?
<p>Children will learn:</p> <ul style="list-style-type: none"><li>- about similarities and differences between themselves and others, and among families, communities and traditions.</li></ul> <p><b>TENTEN RESOURCES: EYFS Module 2 Unit 1 &amp; 2</b></p>	<p>Children will learn:</p> <ul style="list-style-type: none"><li>- that families are important for children growing up because they can give love, security and stability</li><li>- that families can look different from their own, but that they should respect differences and know that families are characterised by love and care</li><li>- that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong</li><li>- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed</li></ul> <p><b>TENTEN RESOURCES: KSI Module 2 Unit 1 &amp; 2</b></p>
YEAR 3/4: How can I be a good friend?	Y5/6: How can we resolve conflict?
<p>Children will learn:</p> <ul style="list-style-type: none"><li>- practical steps they can take in a range of different contexts to improve or support respectful relationships</li><li>- the importance of permission-seeking and giving in relationships with friends</li><li>- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties</li></ul> <p><b>TENTEN RESOURCES LKS2 Module 2 Unit 2</b></p>	<p>Children will learn:</p> <ul style="list-style-type: none"><li>- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help/advice</li><li>- isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support</li><li>- that bullying, discrimination and prejudice have a negative and often lasting impact on mental wellbeing</li><li>- that certain characteristics are legally protected due to the Equality Act 2010 and how this can impact people</li></ul> <p><b>TENTEN RESOURCES: UKS2 Module 2 Unit 2 Session 4</b></p>



Children will learn about the pufferfish and how it reacts to difficult situations. They will also learn strategies to manage their own reactions.



Children will learn about the incredible journey that salmon make and the drive and determination that this takes. They will learn how to use this in their own lives

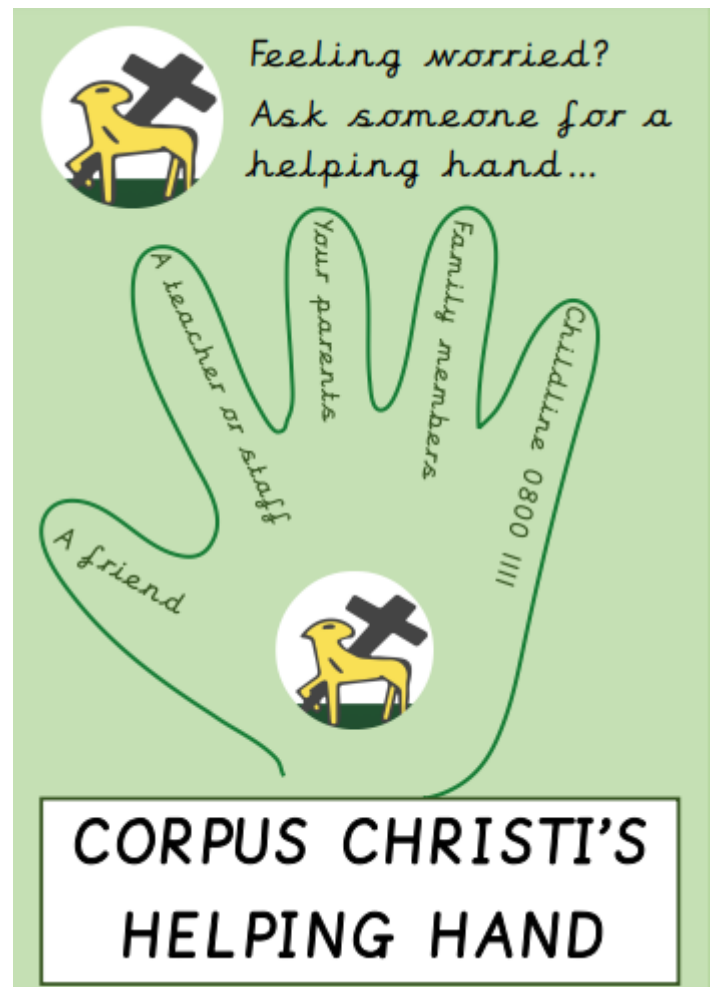
when faced with a struggle.

Where units mention TenTen Resources, you can view a parent's guide to these by using the online portal:

<https://www.tentenresources.co.uk/parent-portal/>

user: corpus-christi-po2

password: flowers-bloom



<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

You can also find out more about the content of our lessons on the Corpus Christi Website:

Personal, Social, Health and Economic Education:

<https://www.corpuschristi.portsmouth.sch.uk/pshe/>



Relationship and Sex Education:

<https://www.corpuschristi.portsmouth.sch.uk/relationship-and-sex-education/>

PLEASE SPEAK TO MRS COMERFORD IF YOU HAVE ANY QUESTIONS ABOUT  
OUR PSHE CURRICULUM.