



Corpus Christi Catholic Academy Primary School

Part of the Edith Stein Catholic Academy Trust



PSHE – SPRING TERM 2 (Personal, Social, Health and Economic Education)

EARLY YEARS – How can I be a friend?	YEAR 1/2 – What makes a good friend?
<p>Children will learn:</p> <ul style="list-style-type: none"> - to show sensitivity to others' needs and feelings, and form positive relationships 	<p>Children will learn:</p> <ul style="list-style-type: none"> - how important friendships are in making us feel happy and secure, and how people choose and make friends - that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded - that most friendships have ups and downs, that these can often be worked through and that resorting to violence is never right - that people sometimes behave differently online, including by pretending to be someone they are not
YEAR 3/4: Can I trust friends I meet online?	Y5: What happens to us during puberty? Y6: How are families made?
<p>Children will learn:</p> <ul style="list-style-type: none"> - that the same principles apply to online relationships as to face-to-face relationships, including respect for others even when we are anonymous - how to recognise and display respectful behaviour online and the importance of keeping personal information private - how to report concerns or abuse, and the vocabulary and confidence needed to do so - where to get advice, for example family, school or other sources <p>TENTEN RESOURCES LKS2 Module 1 Unit 3</p>	<p>Children will learn:</p> <ul style="list-style-type: none"> - key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes - about menstrual wellbeing including the key facts about the menstrual cycle <p><i>Year 6 only:</i></p> <ul style="list-style-type: none"> - <i>about the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born; how babies need to be cared for</i> <p>TENTEN RESOURCES: UKS2 Module 1 Units 1-4 (additional information ready been sent to parents for this unit last half term)</p>

MENTAL HEALTH AND WELL-BEING – Whole School



Sea Turtle & Pilot Fish
Working as a team

Children will learn about the benefits of teamwork and how we are stronger when we work together.

<https://www.youtube.com/watch?v=VZR--NijVIY>



Mimic Octopus
Being adaptable

Children will learn about how the mimic octopus is adaptable and how being adaptable can help us to problem solve in real life situations.

<https://www.youtube.com/watch?v=pEVk8FPOhVU>

Where units mention TenTen Resources, you can view a parent's guide to these by using the online portal:

<https://www.tentenresources.co.uk/parent-portal/>

user: corpus-christi-po2

password: flowers-bloom



<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

You can also find out more about the content of our lessons on the Corpus Christi Website:

Personal, Social, Health and Economic Education:

<https://www.corpuschristi.portsmouth.sch.uk/pshe/>

Relationship and Sex Education:

<https://www.corpuschristi.portsmouth.sch.uk/relationship-and-sex-education/>



PLEASE SPEAK TO MRS COMERFORD IF YOU HAVE ANY QUESTIONS ABOUT OUR PSHE CURRICULUM.