

Relationship and Sex Education Yearly Overviews

This document will provide a brief overview of the more 'sensitive' content and vocabulary taught to KS2 classes. It should be viewed alongside the resources we will be using in classes on the parent portal, here:

<https://www.tentenresources.co.uk/parent-portal/>

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Themes Covered	Key Learning	Key Vocabulary
<p>YEAR 4</p> <p>SESSION 1: What is puberty?</p> <p>SESSION 2: Changing Bodies</p> <p>SESSION 3: Discussion Time (boys and girls)</p> <p><i>The optional TenTen sessions on life cycles/conception will NOT be taught in Year 4.</i></p>	<p>SESSION 1: Children will:</p> <ul style="list-style-type: none"> Learn what the term puberty means; Learn when they can expect puberty to take place; Understand that puberty is part of God's plan for our bodies. <p>SESSION 2: Children will:</p> <ul style="list-style-type: none"> Learn correct naming of genitalia; Learn what changes will happen to boys during puberty; Learn what changes will happen to girls during puberty. <p>SESSION 3: An informal meeting with children in single-sex groups to allow for any discussions or questions that may have arisen through the previous sessions on puberty.</p>	<p>Puberty</p> <p>Milestones</p> <p>Change</p> <p>Penis</p> <p>Testicles</p> <p>Vulva</p> <p>Vagina</p> <p>Breasts</p> <p>Pubic Hair</p>
<p>YEAR 5</p> <p>SESSION 1: Gifts and Talents</p> <p>SESSION 2: Girls' Bodies</p> <p>SESSION 3: Boys' Bodies</p> <p>SESSION 4: Spots and Sleep</p> <p>SESSION 5: Menstruation</p>	<p>SESSION 2 and 3: Pupils will learn:</p> <ul style="list-style-type: none"> That human beings are different to other animals; About the unique growth and development of humans, and the changes that girls will experience during puberty; About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately; The need for modesty and appropriate boundaries. <p>SESSION 4: Pupils will learn:</p> <ul style="list-style-type: none"> How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc. <p>SESSION 5: Pupils will learn:</p> <ul style="list-style-type: none"> About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life; Some practical help on how to manage the onset of menstruation. 	<p>As above, plus:</p> <p>Menstruation</p> <p>Periods</p> <p>Sanitary items</p>
<p>YEAR 6 <i>(in 2021, children will also complete the Year 5 content)</i></p> <p>SESSION 1: Recap of Y5 Learning.</p> <p>SESSION 2: Life Cycles (from LKS2)</p> <p>SESSION 3: Making Babies</p> <p>SESSION 4: Making Babies (part 2)</p>	<p>SESSION 1: See the Year 5 section for content.</p> <p>SESSION 2: Children will learn:</p> <ul style="list-style-type: none"> That they were handmade by God with the help of their parents; How a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception; How conception and life in the womb fits into the cycle of life. <p>SESSION 3: Pupils will learn:</p> <ul style="list-style-type: none"> How a baby grows and develops in its mother's womb. <p>SESSION 4: Pupils will learn:</p> <ul style="list-style-type: none"> Basic scientific facts about sexual intercourse between a man and woman; The physical, emotional, moral and spiritual implications of sexual intercourse; The Christian viewpoint that sexual intercourse should be saved for marriage. 	<p>As above, plus:</p> <p>Womb</p> <p>Conception</p> <p>Develop</p> <p>Sperm and Egg</p> <p>Fallopian Tubes</p> <p>Implantation</p> <p>Uterus</p> <p>Umbilical cord</p> <p>Placenta</p> <p>Embryo</p> <p>Foetus</p> <p>Marriage</p> <p>Commitment</p> <p>Sexual intercourse</p> <p>Pregnancy</p> <p>Sex (sexual union)</p>

